

# Make your own Wild Bird Suet

## *Ingredients:*

- ✓ 1 cup vegetable shortening
  - ✓ 1 cup peanut butter
  - ✓ 1 cup flour
  - ✓ Cornmeal
  - ✓ Oatmeal
  - ✓ Birdseed mix
  - ✓ Dried fruit
  - ✓ Sunflower seeds
  - ✓ Baking pan
  - ✓ Mesh bag
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- Note: Add safflower seeds if you want to make it squirrel resistant. Safflower tastes bad to squirrels but birds can't taste so the squirrels leave it alone.
  - 1 Mix 1 cup of vegetable shortening and 1 cup of peanut butter into a large, microwave-safe bowl.
  - 2 Microwave the mixture on high for 1 to 2 minutes, stirring occasionally, until the shortening is liquefied.
  - 3 Stir 1 cup of all-purpose flour into the melted vegetable shortening and peanut butter. Continue stirring until the mixture is one uniform color.
  - 4 Stir in up to 4 cups of dry ingredients such as cornmeal, oatmeal, birdseed mix, dried fruit or sunflower seeds. You may use one ingredient or a combination of several ingredients.
  - 5 Knead the mixture together by hand until it is the approximate consistency of cookie dough.
  - 6 Press the homemade suet into an 8-inch square baking pan. You should not need to grease the pan as the vegetable shortening will prevent the suet from sticking.
  - 7 Place the pan in a cool, dry spot and wait for the suet to cool completely.
  - 8 Cut the cool homemade bird food suet into chunks and hang them from trees in mesh bags or place them in suet bird feeders.